

Trans-form Notes
Ephesians 1:1-14

Text: Ephesians 1:1-14

- ❖ Read, meditate on, and pray through Ephesians 1:1-14

Reflect: (Spend time with God thinking about these statements or questions)

- ❖ Take some time to reflect and pray through the 7 verbs we discussed on Sunday: *Chosen, Predestined, Bestowed, Lavished, Made known, and Gather up.*

Interact: (Discuss the following questions with your group or some friends)

- ❖ What does it mean to be chosen by grace? (vv. 4-6)
- ❖ We aren't chosen for our own sake, but for the sake of what God wants to accomplish through us. In what ways might God want to bless (or how is He already blessing) others through you or our church community?
- ❖ Do you have a sense of being chosen by God? How does being chosen change the way we live our every day life?
- ❖ Read vv. 7-8. What blessings have we received in Jesus?
- ❖ Grace isn't just given; it's lavishly bestowed on us. Do you treat God as if he were stingy or lavish in his grace? Where do you see grace at work right now?
- ❖ Why is it so hard to receive grace? Why do we keep trying to take over what God has graciously let us in on as participants?
- ❖ Read 9-10 and Revelation 21. What is God's big plan?
- ❖ How do you see God's plan unfolding today?
- ❖ Read 11-14. What is our promised inheritance? How do we know we will receive it? What difference does knowing you are to receive the inheritance in full make a difference in your life?

Apply: (Look for ways to apply at least one concept to your life)

- ❖ Take some time to meditate in Revelations 21 and think about what it means to "dwell with God". Make a *grace* journal to recognize and remember daily how God has lavishly bestowed grace on and through you.